

Week One:

January 2024

**NO SCHOOL TODAY!
ENJOY!**

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Week Two:

**Tangerine Chicken
Steamed Rice
Canned Corn
Stir-Fry Vegetables
Choice of Fruit
Low-Fat Milk**

**Nachos w/
Beef & Cheese Sauce
Salsa
Refried Beans
Steamed Corn
Choice of Fruit
Low-Fat Milk**

**Roast Chicken
Mashed Potatoes & Gravy
Steamed Broccoli
Whole Grain Roll
Choice of Fruit
Low-Fat Milk**

**Chicken Quesadilla
w/ Salsa
Peas
Steamed Yellow Squash
Choice of Fruit
Low-Fat Milk**

**Baked Meat & Cheese Ziti
Crisp Salad
Green Beans
Garlic Bread
Choice of Fruit
Low-Fat Milk**

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Week Three:

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**Boneless Chicken Bites
Steamed Rice
Corn
Mixed Vegetables
Choice of Fruit
Low-Fat Milk**

**Beef Dippers
Mashed Potatoes & Gravy
Steamed Broccoli
Whole Grain Roll
Choice of Fruit
Low-Fat Milk**

**Max Sticks
w/ Marinara Sauce
Tater Tots
Red Pepper Slices
Choice of Fruit
Low-Fat Milk**

**Chicken Parm
w/ Spaghetti
Crisp Salad
Roasted Zucchini
Whole Grain Roll
Choice of Fruit
Low-Fat Milk**

Monday

15

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